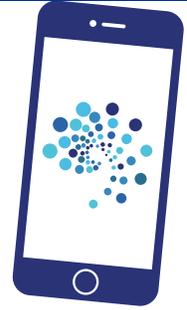




CONNECTIONS for RECOVERY



Contact Us

ok-support@chess.health

Testimonial

"The **Connections App** has been a great tool for all our adult consumers.

We can message them really quick and vice versa, which saves front desk people several phone calls, and returning the missed calls. You can also quickly send messages of support or remind people of groups."

- **Charlie Bell, MCP, LPC-OK, LCPC-KS, Northwest Center for BH ODMHSAS**

Hello ODMHSAS Contracted Providers.

We are excited to share this month's Newsletter. Read on to learn how ODMHSAS and the CHES Health team are continuing to implement our statewide "Connections for Recovery" initiative.

Sincerely,

Teresa M Stephenson, M Ed, Director of Medication, Stimulant Use, Women & Family Specific Treatment Services/State Op. Treatment Authority

Kimberly A. Cain, M Ed, Sr. Project Manager at Oklahoma Department of Mental Health and Substance Abuse Services

Mary Kate Cole, MSW, ODMHSAS Liaison to CHES Health

Project Spotlight - Mental Health Association of Oklahoma (MHAO)



This month we spotlight **Mental Health Association of Oklahoma (MHAO)**, a not-for-profit organization with locations in Oklahoma City and Tulsa. MHAO's statewide work is dedicated to promoting mental health and the equity of access to mental health care through advocacy, education, research, service, and housing. MHAO has programs to assist individuals

engage in community life while helping people navigate the mental health system. In addition, MHAO provides over 1,500 units of housing for transitioning youth and adults out of homelessness as well as support and advocacy for individuals re-entering back into the community from criminal justice systems. These services include providing access to mental health and substance abuse treatment services as well as access to stable and transitional housing resources.



MHAO embraces technology and utilizes **eIntervention** and **eRecovery** solutions. They went live with **eIntervention** in February of 2021 and *send* and *receive* electronic referrals.

One example of impact that the *Connections for Recovery* project has had on participants with MHAO is the work being done by **Evan Dougoud**, a Homeless Outreach and CHES Health Program Coordinator. Evan works for MHAO out of Tulsa and utilizes **eIntervention** while providing outreach services with individuals. Evan stated that "it's really cool to see clients go on to engage and better themselves in additional services."

Evan mentioned an individual referred for counseling services who has since attended 6 sessions and "is doing much better now. Her kids are in school and doing well and it was all possible because of **eIntervention**. Technology is really changing the game. It is playing a huge role in getting clients back on their feet and reinstating their dignity." Evan is pictured above providing outreach services – **kudos Evan!**

MHAO went live with **eRecovery** last month and have been onboarding clients. One example of the impact that **eRecovery** can have on individuals new to recovery is having access to support at the touch of a button. "I have been utilizing the **Connections App** myself and really love it, wished it had been around during my earlier stages of recovery but as I continue my Journey (8 1/2 years sober) It has been very helpful, I look forward to our clients utilizing the app, as this app is very beneficial!" -**Lindsay Swihart**, C-PRSS.

We are excited to have MHAO as an active customer on the **eIntervention** network and utilizing **Connections App**! Kudos to the entire MHAO staff!

To learn more about MHA's use of **eIntervention** and **eRecovery**, contact **Mark Davis**, Chief Programs Officer, mdavis@mhaok.org.

okimready.org Direct-to-Consumer website



**NEED HELP FOR YOURSELF OR LOVED ONE?
DOWNLOAD THE FREE *CONNECTIONS* APP
TODAY!**

[LEARN MORE](#)

The **Connections App** is available, **free of use**, to all individuals seeking support in their recovery from substance use disorder. To request access to **Connections App**:

- Complete the secure enrollment form:
<https://www.connectionsapp.com/connections4ok/>
- OR visit <https://okimready.org/help-for-yourself-or-loved-ones/>
- OR scan with your smartphone camera:



WEBINAR SUCCESS!

A graphic for a webinar invitation. At the top left is the CHESSE HEALTH logo with the tagline "Real Evidence. Real Recovery." Below it, the text reads "YOU'RE INVITED TO A WEBINAR" followed by the title "PROVIDING PEER SUPPORT IN A DIGITAL ENVIRONMENT" in large, bold letters. A list of bullet points includes "Oklahoma Peer Recovery Support Specialists (PRSS)" and "Earning 1 Continuing Education Unit (CEU) Credit for participation". Below this is a short paragraph describing the webinar as an informative and free e-learning opportunity. At the bottom left, it says "Link to register: bit.ly/2NEbkVi". On the right side, there is a blue banner that says "WEDNESDAY, MARCH 31ST AT 12 NOON CENTRAL (ONE HOUR)". The main visual is an illustration of a woman in a blue shirt and dark pants standing in front of a large computer monitor. The monitor displays a video conference interface with a central video feed of a man and several smaller circular icons representing other participants. The background of the graphic is dark blue with some light blue decorative elements like leaves and dots.

On March 31st, we had a wonderful turnout of 60+ participants for the "**Providing Peer Support in a Digital Environment**" webinar. Mary Kate Cole from ODMHSAS and the CHESSE Health Peer Recovery staff provided insight into applying peer recovery skills in a digital / online environment.

The webinar was insightful, and we had several trivia game winners, each earning Amazon gift cards. Our winners were: **Carrie McCoy, Iridia Chavez, Kaytlin Brown, Amber Ponder, and Amanda Locke**. Congratulations!

All Peer Recovery Support Specialists earned 1 CEU and received a certificate of completion.

Stay tuned for more educational webinars coming soon!

eIntervention

We added several new contracted treatment providers to the network in March (see list below, bolded ones are newly added). To-date, the following Oklahoma treatment providers and entities are utilizing **eIntervention** today:

- 12&12, Inc.
- Catalyst Behavioral Services
- Center for Therapeutic Interventions
- Comanche County Memorial Hosp
- Community Health Centers of OK
- Counseling & Recovery Services
- CREOKS Health Services
- Dept Human Services (DHS) Reg 5
- Drug Court - Sequoyah county
- Family & Children's Services
- **Family & Children's Services – Crisis Care Center**
- **Family Treatment Court – Oklahoma County**
- Gateway to Prevention & Recovery
- Good Shepherd Community Clinic
- Grand Lake Mental Health Center
- Hope CSI
- **House of Hope, Inc.**
- Jim Taliaferro Community Mental Health Center
- Life Recovery Services
- Lighthouse
- Mental Health Association of OK
- Monarch, Inc.
- Northwest Center for Behavioral Health (NWCBH)
- **ODMHSAS employees embedded in the DOC:**
 - **Mabel Bassett Correctional Ctr**
 - **Joseph Harp Correctional Ctr**
 - **Oklahoma State Penitentiary**
 - **North Fork Correctional Center**
 - **Dr. Eddie Warrior Correctional Ctr**
 - **OK City Comm Correctional Ctr**
- OKC Metro Alliance
- **OK County Crisis Intervention Center (OCCIC)**
- Oklahoma Co. Family Treatment Court
- **OPQIC – Duncan Regional**
- **OPQIC – St. Francis Hospital (Tulsa)**
- Osage Nation Counseling Center
- Parents Helping Parents
- People Inc.
- Pushmataha Family Med Center
- Red Rock BHS
- Roadback, Inc.
- **Rose Rock Recovery Center**
- **Tulsa Center for Behavioral Health (TCBH)**
- **The Latino Community Development Agency**
- The Recovery Center (TRC)
- The Virtue Center
- Tri-City Youth & Family
- Turnkey Health/Tulsa Cnty Jail
- Wagoner Hospital

There are many more treatment providers actively implementing **eIntervention**. If you are interested in learning more and joining the

Oklahoma **eIntervention** network, at no cost, please send an email to ok-support@chess.health.

The scope of the **eIntervention** project also includes OK Perinatal Quality Improvement Collab (OPQIC), 2-1-1 Oklahoma, Family Treatment Courts, and Drug Courts. We are actively working on implementations in each of these areas. More exciting news to come in the next few months.

eRecovery

To-date, the following Oklahoma treatment providers have completed implementation and are using **eRecovery** today:

- 12&12, Inc.
- Catalyst Behavioral Services
- Center for Therapeutic Interventions (CTI)
- Counseling & Recovery Services (CRS)
- CREOKS Health Services
- Family & Children's Services (FCS)
- FCS – Women in Recovery
- Gateway to Prevention
- Grand Lake Mental Health Center
- Hope CSI
- House of Hope
- Human Skills and Resources
- Jim Taliaferro Community Mental Health Center
- Lighthouse Behavioral Wellness Centers
- **Mental Health Association of Oklahoma**
- NorthCare
- Northwest Center for Behavioral Health
- People, Inc.
- Red Rock BHS
- **Rose Rock Recovery Center**



There are many more treatment providers actively implementing **eRecovery** especially those entities associated with *Helping Connections* grant.

If you are interested in learning more, please send an email to ok-support@chess.health.

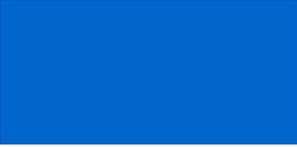
The Project Team Contact Info

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