



CONNECTIONS for RECOVERY



Contact Us

ok-
support@chess.health

Testimonial

"I get immeasurable satisfaction every time I hear the "ding" on my connections message app knowing that someone out there is receiving "real" help in recovery."
-Sam Allen,
Strategic Alliance
Liaison, 12&12,
Inc.

Hello ODMHSAS Contracted Providers.

We are excited to share this month's Newsletter. ODMHSAS and the CHES Health team are continuing to implement our statewide "Connections for Recovery" initiative and are adding new providers all the time. We are also very excited about the new service CHES Health is offering to consumers starting this month—You don't want to miss it, read on to learn more.

Sincerely,

Teresa M Stephenson, M Ed, Director of Medication, Stimulant Use, Women & Family Specific Treatment Services/State Op. Treatment Authority

Kimberly A. Cain, M Ed, Sr. Project Manager at Oklahoma Department of Mental Health and Substance Abuse Services

Mary Kate Cole, MSW, ODMHSAS Liaison to CHES Health

Project Spotlight - 12&12, Inc.



This month we spotlight **12&12, Inc.** the largest Comprehensive Community Addiction Recovery Center (CCARC) in the state. **12&12, Inc.** offers adults suffering from the brain disease of addiction or co-occurring mental health and substance use disorders life-saving recovery tools to support their ability to achieve individualized recoveries.

12&12, Inc. serves its clients through a complete continuum of care

that provides multiple levels of treatment including detoxification, intensive residential treatment, outpatient and intensive outpatient treatment, counseling, transitional living, and sober living. 12and12's service model is based on a multi-disciplinary approach that integrates medical oversight, psychiatry, nursing, counseling, and case management.

12&12, Inc. was an early adopter of technology in their organization. They went live with **eIntervention** in September 2019 and are a strong *sender* and *receiver*

of referrals both internally between levels of care and externally to other providers.

12&12, Inc. also utilizes the **Connections App** to offer their consumers support during and after treatment. One way the **Connections App** can be a support is helping consumers return to treatment quicker after a return to use. Recently, a consumer who had discharged from residential care logged on to the **Connections App** for the first time to reach out for support and help to find a detox bed following a return to use. The CHES Health Engagement Team worked with the **12&12, Inc.** team to ensure this individual found a bed and positive support.

Claudeen McCormick, Clinical Assistant at **12&12, Inc.**, gets excited when clients who are graduating and completing treatment successful onboard to the **Connections App**. When clients check out the app and the discussion posts, she often hears, "I can't wait be able to be involved in these discussions after I graduate!" The CHES Health app is a platform where people report feeling safe, connected, supported, heard, and encouraged.

Kudos to **12&12, Inc.** for being a thought-leader and embracing technology! Their patients are benefiting and are actively receiving support from peers and the online community.

To learn more about **12&12, Inc.** use of **eIntervention** and **eRecovery**, contact **Bryan Day**, CEO, bryan.day@12and12.org.

NEW!! CHES Health's free Virtual Peer Support Groups

Alongsides are CHES Health's new virtual peer groups designed to support individuals in their recovery, regardless of their location. These All Recovery meeting support all pathways to recovery. See flyer for scheduled dates and times. To join an Alongside session, log into the Connections App and check the Discussion Group for a Zoom link.

ALONGSIDES

Virtual Peer Support Groups

Alongsides are CHES Health's **new virtual peer groups** designed to support you and your recovery, wherever you are. These **All Recovery** meetings support all pathways to recovery. While some attending these meetings may participate in other recovery programs, this meeting does not have any direct affiliations with such entities. We are here for support, community, and connection.

ALONGSIDE with AUSTIN

MONDAYS @ 6PM ET/5PM CT/4PM MT/3PM PT

Focusing on meditation, mindfulness and self-inquiry as tools for recovery and healing, Austin's Alongside will provide helpful tools for your continued wellness journey.



ALONGSIDE with BRE

TUESDAYS @ 6PM ET/5PM CT/4PM MT/3PM PT

POWERLESS TO POWERFUL empowers individuals with COD's (co-occurring disorders) and recognizes the commonality of SUD's and Mental Health diagnosis. We support each other to better our recovery and empower one another and ourselves.

ALONGSIDE with SHANE

WEDNESDAYS @ 4PM ET/3PM CT/2PM MT/1PM PT

An open and safe space to share your experience, strength, and hope, utilizing guided but free-flowing conversation to get to know one another. Reflect on where you've been so you can be proud of where you are now and excited about where you'd like to be.



ALONGSIDE with MARY

THURSDAYS @ 12PM ET/11AM CT/10AM MT/9AM PT

The arts are wonderful avenue for expressing yourself and to promote healing while on your recovery path. Each week, Mary will present a new theme and you will be invited to create something: poetry, painting, collage, etc., inspired by the theme.

Need Help for Yourself or a Loved One?

Prescription for Change

FIND A PROVIDER

CHES HEALTH
Real Evidence. Real Recovery.

NEED HELP FOR YOURSELF OR LOVED ONE?
DOWNLOAD THE FREE **CONNECTIONS** APP TODAY!

LOAD APP

The **Connections App** is available, **free of use**, to all individuals seeking support in their recovery from substance use disorder. To request access to **Connections App**:

- Complete the secure enrollment form:
<https://www.connectionsapp.com/connections4ok/>
- OR visit <https://okimready.org/help-for-yourself-or-loved-ones/>
- OR scan with your smartphone camera:



eIntervention

We added several new contracted treatment providers to the network (see list below, **bolded** ones are newly added). To-date, the following Oklahoma treatment providers and entities are utilizing **eIntervention** today:

- 12&12, Inc.
- Catalyst Behavioral Services
- Center for Therapeutic Interventions
- Comanche County Memorial Hospital
- Community Health Centers of OK
- Counseling & Recovery Services
- CREOKS Health Services
- Dept Human Services (DHS) Reg 5
- Drug Court - Sequoyah county
- **Family Treatment Court – Oklahoma county**
- **Family Treatment Court – Tulsa county**
- Family & Children’s Services
- Gateway to Prevention & Recovery
- Good Shepherd Community Clinic
- Grand Lake Mental Health Center
- Hope CSI
- Jim Taliaferro Community Mental Health Center
- Life Recovery Services
- Lighthouse Behavioral Health Centers
- Mental Health Association
- Monarch, Inc.
- Northcare
- Northwest Center for Behavioral Health (NWCBH)
- OK County Crisis Intervention Center (OCCIC)
- OKC Metro Alliance
- Oklahoma Co. Family Treatment Court
- OPQIC – Duncan Reg Hospital
- OPQIC – St Francis Hospital
- Osage Nation Counseling Center
- Parents Helping Parents, Inc.
- People Inc.
- Pushmataha Family Med Cntr
- Red Rock BH
- Roadback, Inc.
- Rose Rock Recovery Center
- Tulsa Center for BH (TCBH)
- The Latino Comm. Development Agency
- The Recovery Center (TRC)
- The Virtue Center
- Tri-City Youth & Family
- Turnkey Health/Tulsa Cnty Jail
- Wagoner Hospital

- **OCARTA**
- ODMHSAS employees embedded in the DOC:
 - Mabel Bassett Correctional Ctr
 - Joseph Harp Correctional Ctr
 - Oklahoma State Penitentiary
 - North Fork Correctional Center
 - Dr. Eddie Warrior Correctional
 - OK City Comm Correctional Ctr

There are many more treatment providers actively implementing **eIntervention**. If you are interested in learning more and joining the Oklahoma eIntervention network, at no cost, please send an email to ok-support@chess.health.

The scope of the **eIntervention** project also includes OK Perinatal Quality Improvement Collab (OPQIC), 2-1-1 Oklahoma, Family Treatment Courts, and Drug Courts. We are actively working on implementations in each of these areas. More exciting news to come in the next few months.


DHS Region 5 (Adult Protective Services and Child Welfare Services) is utilizing **eIntervention** for sending referrals to contracted providers. We are excited to announce we are actively implementing **eIntervention** for Adult Protective Services (APS) across the state. We also have a pilot project underway with Developmental Disabilities Services (DDS) to send referrals with **eIntervention**.

eRecovery

To-date, the following Oklahoma treatment providers have completed implementation and are using **eRecovery** today:

- 12&12, Inc.
- Catalyst Behavioral Services
- Center for Therapeutic Interventions (CTI)
- Counseling & Recovery Services (CRS)
- CREOKS Health Services
- Drug Court – Sequoyah County
- Family & Children’s Services (FCS)
- FCS – Women in Recovery
- Hope CSI
- House of Hope
- Human Skills and Resources
- Gateway to Prevention
- Grand Lake Mental Health Center
- Jim Taliaferro Community Mental Health Center
- Lighthouse Behavioral Wellness Centers
- Mental Health Association
- NorthCare
- Northwest Center for Behavioral Health
- People, Inc.
- Red Rock BH
- Rose Rock Recovery Center
- **Youth and Family Services of NCO**





There are many more treatment providers actively implementing **eRecovery** especially those entities associated with *Helping Connections* grant.

If you are interested in learning more, please send an email to ok-support@chess.health.

Contact Us Anytime

EMAIL: ok-support@chess.health