



CONNECTIONS for RECOVERY



Contact Us

ok-support@chess.health

Testimonial

"I am so glad to have you guys! It helps a lot between my appts to have someone who understands me and cares...I can't thank y'all enough!" -CREOKS Consumer

Hello ODMHSAS Contracted Providers

We are excited to share this month's Newsletter. ODMHSAS and the CHES Health team were able to meet and visit some providers in-person at the end of July. We loved being able to tour different facilities, meet staff, and learn about the amazing work happening in Oklahoma. We are continuing to implement our statewide "Connections for Recovery" initiative and are adding new providers all the time. This month we spotlight **Human Skills & Resources**. We also introduce you to another member of CHES Health's engagement team.

Sincerely,

Teresa M Stephenson, M Ed, Director of Medication, Stimulant Use, Women & Family Specific Treatment Services/State Op. Treatment Authority

Kimberly A. Cain, M Ed, Sr. Project Manager at Oklahoma Department of Mental Health and Substance Abuse Services

Tanya Butler, ODMHSAS Field Service Coordinator

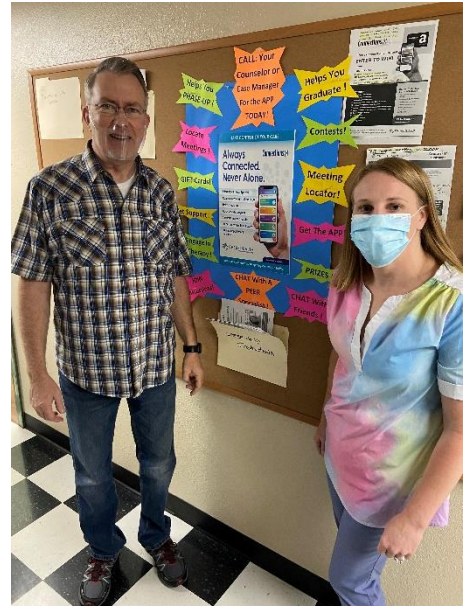
Project Spotlight - Human Skills & Resources



This month we spotlight **Human Skills & Resources**. **Human Skills & Resources** has locations in Tulsa, Sapulpa, and Claremore and provides several services, including screening and assessment, DUI/ADSAC assessments and courses, intensive outpatient treatment, outpatient treatment, Medication Assisted Treatment, anger management, life skills

programs, certified batterer's intervention program, drug testing, and court-ordered supervision.

Human Skills & Resources utilizes **eRecovery** and the **Connections App** to offer their consumers support as part of their treatment programs. Pictured, Case Manager Dan Owens leads the initiative for **Human Skills & Resources** and made an eye-catching poster to promote the **Connections App** and all the benefits it offers. One of the benefits **Human Skills & Resources** offers to its consumers that utilize the **Connections App** is that their participation in the App counts toward their requirement to access support as they phase up in their program. Recently, several consumers utilized the sobriety tracker feature to report in drug court the number of sober days they have achieved. Dan will also be offering the public option of the **Connections App** to individuals who access their drug testing services only, which offers peer support to those not currently in clinical treatment services.



To learn more about **Human Skills & Resources'** use of **eRecovery**, contact Clinical Director Steven Fritz at steven.fritz@humanskills.org

Meet the CHES Health Engagement Team

This month we get to meet another of CHES Health's engagement specialists, Austin, and hear about their pathway to recovery.



Austin (he/they), National Certified Peer Recovery Support Specialist, is a person in long-term recovery. He is passionate about assisting others to find their own personal path to recovery. Austin has experience with substance misuse, trauma, criminal justice system, collegiate recovery community and multiple pathways of recovery.

In his own recovery, Austin utilizes holistic methods, such as yoga, meditation, reiki, and energy work. Austin is a proud LGBTQIA+ advocate who creates safe and welcoming spaces, inclusive to diverse individuals. As a Peer Recovery Engagement Specialist with CHES Health, he promotes

wellness and partners with consumers to cultivate and improve care of health for mind, body, spirit and community.

CHES Health Visits Oklahoma!

Members of CHES Health’s customer success team traveled to Oklahoma the end of July and visited several treatment providers. We are even more amazed with the programs, services, and staff offering Oklahomans support and a pathway to recovery after visiting. We can’t wait to come back and visit more in the future. Here are just a few we had a pleasure of visiting



Need Help for Yourself or a Loved One?

The **Connections App** is available, **free of use**, to all individuals seeking support in their recovery from substance use disorder. To request access to **Connections App**:

- Complete the secure enrollment form:
<https://www.connectionsapp.com/connections4ok/>
- OR visit <https://okimready.org/help-for-yourself-or-loved-ones/>
- OR scan with your smartphone camera:



Know a coalition or group that can benefit from knowing about the free **Connections App** offered to all Oklahomans? **CHES Health** is happy to present to groups about this option.

Connections for Recovery Network Expands

We currently have 55 providers/agencies live on **eIntervention** and 27 providers/agencies live on **eRecovery**. For a list of all providers live, visit okimready.org

If you are interested in learning more about **eIntervention** and **eRecovery**, please send an email to ok-support@chess.health.

Did you miss an issue of our monthly **Connections for Recovery** newsletter? Now, you can access all our monthly newsletters at okimready.org

Contact Us Anytime

EMAIL US: ok-support@chess.health