



CONNECTIONS for RECOVERY



Contact Us

ok-support@chess.health

Testimonial

"I've struggled to find friends my whole life, but I feel that I have made some lifelong friends in this App"

-Northwest Center for Behavioral Health Consumer

Hello ODMHSAS Contracted Providers

Happy Recovery Month! This year's Recovery Month theme is Recovery is for **Everyone**: Every **Person**, Every **Family**, Every **Community**. The Oklahoma Department of Mental Health and Substance Abuse Services understands how important recovery is for communities across the state and for all Oklahomans impacted by substance use disorders and mental health disorders. CHES Health is proud to partner with ODMHSAS to work with contracted providers in implementing our "Connections for Recovery" initiative. Our digital health tools positively impact communities and Oklahomans by providing innovative solutions that provide access to supports and services for recovery.

This month we spotlight **Gateway to Prevention & Recovery**. We share how CHES Health's **Connections App** is seeking to have a further positive impact on Oklahomans' recovery by offering support for quitting tobacco use.

Sincerely,

Teresa M Stephenson, M Ed, Director of Medication, Stimulant Use, Women & Family Specific Treatment Services/State Op. Treatment Authority

Kimberly A. Cain, M Ed, Sr. Project Manager at Oklahoma Department of Mental Health and Substance Abuse Services

Tanya Butler, ODMHSAS Field Service Coordinator

Project Spotlight - Gateway to Prevention and Recovery



This month we spotlight **Gateway to Prevention and Recovery**. **Gateway to Prevention and Recovery** has multiple programs that include education, prevention activities, support, case management and treatment for individuals who live with behavioral health illnesses in their lives. **Gateway to Prevention and Recovery**

is a Comprehensive Community Addiction Recovery Center and has been a certified Alcohol and Drug Treatment program since 1985. **Gateway** is nationally and internationally accredited through CARF. The agency embraces a philosophy of person-centered care in all programs offered. More than 2,500 people are treated through outpatient care annually.

eIntervention

Gateway to Prevention and Recovery went live with **eIntervention** in January 2020 and utilize **eIntervention** for sending referrals to Oklahoma-contracted providers when a consumer needs a higher level of care. **Gateway** receives referrals via **eIntervention** for their three locations: Shawnee, Chandler, and Seminole. At these locations, individuals can receive individual and group therapy, family therapy, individual and group education, peer recovery, and medication assisted treatment for those individuals with Opioid-use disorder. In addition to treating individuals with mental health and substance use disorders, **Gateway to Prevention and Recovery** provides services for individuals struggling with gambling addiction.

Make a referral to **Gateway to Prevention and Recovery** utilizing **eIntervention** today!

eRecovery

Gateway to Prevention and Recovery utilizes **eRecovery** and the **Connections App** to offer their consumers support as part of their treatment programs. **Gateway** is active in their communities to improve overall wellness for Oklahomans and earlier this month, invited **CHES Health** to present to the Pottawatomie Alliance Toward Community Health (PATCH) coalition on the **Connections App** and the ability for any Oklahoman seeking support for recovery from substance use disorders to access the **Connections App** for free. **Gateway to Prevention and Recovery** is celebrating Recovery Month with their first annual Recovery Walk on Saturday, September 18th from 10am-1pm at Woodland Park and

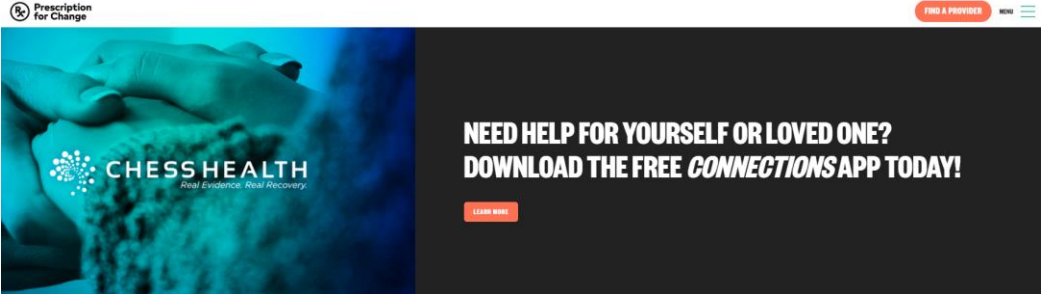
will be including information on the public option of the **Connections App** in the goodie bags distributed to those who attend.

To learn more about **Gateway to Prevention and Recovery's** use of **eIntervention** and **eRecovery**, contact Jon Greenwood at jgreenwood@gatewaytoprevention.org

CHES Health Partners with TSET

CHES Health along with the ODMHSAS has partnered with TSET to bring support for tobacco and vaping cessation to the **Connections App**. The CDC shares that quitting tobacco is associated with a decrease in depression, anxiety, and stress and additionally is associated with an increase in long-term abstinence from alcohol and other drugs. Now Oklahomans utilizing the **Connections App** can access the TSET Quitline resource in the Discover section of the **Connections App**. There have been 19 visits to the TSET Quitline website from the **Connections App** since it was added on August 12th and 6 of those individuals signed up for help with quitting!

Need Help for Yourself or a Loved One?



The **Connections App** is available, **free of use**, to all individuals seeking support in their recovery from substance use disorder. To request access to **Connections App**:

- Complete the secure enrollment form:
<https://www.connectionsapp.com/connections4ok/>
- OR visit <https://okimready.org/help-for-yourself-or-loved-ones/>
- OR scan with your smartphone camera:



Know a coalition or group that can benefit from knowing about the free **Connections App** offered to all Oklahomans? **CHES Health** is happy to present to groups about this option.

Connections for Recovery Network Expands

We currently have 56 providers/agencies live on **eIntervention** and 27 providers/agencies live on **eRecovery**. For a list of all providers live, visit **okimready.org**

If you are interested in learning more about **eIntervention** and **eRecovery**, please send an email to ok-support@chess.health.

Did you miss an issue of our monthly **Connections for Recovery** newsletter? Now, you can access all our monthly newsletters at **okimready.org**

Contact Us Anytime

EMAIL US: ok-support@chess.health