

ARE YOU A
PREGNANT OR
PARENTING
MOTHER WHO
IS STRUGGLING
TO STOP USING
SUBSTANCES?

We know you are tough as a mother, but there is no need to go on this journey alone. We want you to know you are not to blame. Substance use disorder is a disease, not

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a moral shortcoming. So show us your strength and take that first step to start the conversation, and we'll help you with the rest.



Family Care Plans are helping mothers and providers work together towards recovery. Find a treatment provider in your area today, so you can be the best mom possible. Scan this QR code to learn more.



